



MOUNTAIN FREAKS MOUNTAIN TRAVEL & ADVENTURE AGENCY

www.mountainfreaks.ge

our office: Georgia, Stepancminda (Kazbegi), 44 A.Kazbegi Street
phone: +995 593583596, e-mail and skype: info@mountainfreaks.ge
facebook: [Mountain Freaks - Mountain Travel & Adventure Agency](https://www.facebook.com/MountainFreaks-MountainTravel&AdventureAgency)

The expedition to Mt. Elbrus (5642 m a.s.l.) - the highest peak of Europe!

The dates of the open groups in year 2018:

25.08.2018 – 02.09.2018*

* Depending on the route of the mountain action, the expedition will last seven or eight days. One day is spare. Below you will find details of the expedition.

Throughout the season, (from 15th of May till 15th of September) we have organized individual expeditions on the dates specified by you. We offer certified and experienced guides, high-altitude equipment rental, transfers from airports in Tbilisi and Kutaisi, transport to the foot of Mt. Elbrus, gas for camping stoves, freeze-dried meals, and everything else that can help guide you as you ascend Mt. Elbrus safely. In order to determine the date and details of your trip, please contact us by e-mail: info@mountainfreaks.ge or on our [Facebook profile](#).

We have prepared the following plan to allow each of you to reach the peak of Mt. Elbrus. The plan envisages gradual acclimatization, as well as a spare day, allowing you to deal safely with the mountain (as long as you are in good physical condition and do not have health complications, even without prior experience in the high mountains). The most important detail is that during the whole trip our team will be with you - the leader of the expedition, as well as certified alpine guides (trained in the field of emergency medical services for the mountains), who will be responsible for your safety. Our team consists of a leader and guides who speak English, Russian and Polish to the extent that communication will be open and trouble-free at every stage of the expedition.





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THE PLAN OF THE EXPEDITION:

DAY ONE – Arrive at the airport in Tbilisi, where you will be picked up by our driver and a guide (we can take you also from center of Tbilisi, f.ex. from hotel). Then, we will head to Azau village in Russia, where the trail to Mt. Elbrus begins. The journey takes about 11-12 hours (depending on how fast we are able to cross the border, as well as on road conditions). We will arrive to Azau in the afternoon. Upon arrival, you will be accommodated in a hotel, which will serves as our base in Azau (twin rooms with bathrooms). Upon arrival, we will have dinner,

followed by free time for resting and preparing for the following day's mountain action on Mt. Elbrus. On the way we have stop for breakfast with view of Mt. Kazbek in Stepancminda in Georgia.). If you are not able to bring your own equipment, you can rent all that is needed in our office in Stepancminda in order to reach the summit - crampons, ice axes, harnesses, sleeping bags, etc. At our office, you can also buy gas for camping stoves and freeze-dried meals.

Equipment that is necessary for Mt. Elbrus: <http://mountainfreaks.ge/en/mountain-equipment-rental/>

Our office in Kazbegi: <http://mountainfreaks.ge/en/contact/>

DAY TWO - Breakfast. Acclimatization day. As part of the acclimatization, we will go for a trek, during which we will reach the height of 3500 m a.s.l. The estimated trekking time for this day is 6 hours. After we return to hotel for dinner and rest.

DAY THREE – Breakfast. After breakfast we go to the neighboring town and take a lift to Mt. Cheget (3700 m a.s.l.), from where is the most beautiful view of Mt. Elbrus. Then we go back to Azau and we have free time. We recommend a visit to the shop where you can buy bread, water and other products needed during a mountain action. This is the last chance to replenish stocks. This is also the last chance for a normal dinner. We leave the hotel around 1:00 pm. In the hotel you can leave a deposit (all that you will not need in the mountains). We will take a cable car and chair lift to the area of Priut (approx. 4200 m a.s.l.). We will travel with luggage from the chair lift to our place of accommodation (about 1 hour of trekking) and overnight in Priut or the surrounding area (indoors, not in tents). During the expedition, we will prepare all meals on our own (camping stoves and gas will be needed).

DAY FOUR - Acclimatization day. As part of the acclimatization, we will go for a trek, during which we will reach the height of 5000 m a.s.l. The estimated trekking time for this day is 6 hours. Then, we will rest at our base.

DAY FIVE - Acclimatization day. We will undergo training regarding walking on the rope, belaying, using the ice axe, and being safe in the high mountains. Then, we will rest at our base and prepare to reach the summit.





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DAY SIX - On this day, we will stand on top of Mt. Elbrus (5642 m a.s.l.). We will start your ascent to the summit at 1:00 in the morning, and all action will take about 14-15 hours. It is possible to rent a snowcat that will lift you up to about 5000 m a.s.l., from where we will continue the road to the top. Such a variant shortens the way to the top about 3-4 hours trekking. After returning from the summit, we will immediately descend by chairlift and cable car to Azau, where we will relax and spend the night in the hotel/guesthouse.



DAY SEVEN – (spare day in the case of bad weather conditions in the mountains)

DAY EIGHT – (spare day in the case of bad weather conditions in the mountains)

DAY NINE – At around 9:00 in the morning, we will begin our return to Tbilisi, Georgia. We will travel approximately 11-12 hours (depending on how fast we are able to cross the border, as well as on road conditions). On the way there is a small stop in our office in Kazbegi, where you can take your deposit or return our equipment. We should arrive to Tbilisi in the evening. Upon arrival to Tbilisi we have last dinner and then the program of the expedition to Mt. Kazbek and Mt. Elbrus officially ends. Depending on the plans of the group, we can transfer you directly to the airport, from where you will go back home, or to a hotel in Tbilisi, where you will continue your tour throughout Georgia.

PRICE OF THE EXPEDITION PER PERSON: 900,00 EURO

RULES OF PAYMENT:

1st installment: reservation fee: 300 EURO – paid by bank transfer

2nd installment: 600 EURO - paid to our bank account 14 days prior to the beginning of the expedition

Payment for renting high-altitude equipment, buying gas, or buying freeze-dried meals can be made at our office, by cash or by credit card.

PRICE INCLUDES:

- care of the leader, certified guide and mountain rescuer during the entire expedition (English and Russian speaking),
- expedition preparation assistance by e-mail or Facebook. We can provide you a consultation concerning physical preparation, equipment purchase, flight booking, and everything else related to the expedition,
- transfer from Tbilisi to Azau as well as from Azau to Tbilisi and transfer Azau-Cheget-Azau,
- three nights in Azau in a double room with a private bathroom (additional fee for a single room: 75 EURO),
- all breakfasts and dinners mentioned in the program (during the mountain part of the trip all meals we will prepare all meals on our own - camping stoves and gas will be needed),
- transportation by cable car and chair lift to and from the point where the mountain action on Mt. Elbrus begins,
- a lift to Mt. Cheget,
- fee for accommodation during the mountain action on Mt. Elbrus (in Priut or the surrounding area - indoors, not in tents),
- mountain insurance for the duration of the expedition,
- t-shirt with Mt. Kazbek, cup and other company gadgets as souvenirs.



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PRICE DOES NOT INCLUDE:

- other meals and drinks (not included above in the section "PRICE INCLUDES"),
 - individual guides,
 - a tourist visa to Russia, which is required,
- snowcat on the day of the peak attack to a height of approx. 5000 m, (approx. 70 EURO),
 - all other expenses.

ADDITIONAL POSSIBILITIES:

- basic equipment rental - crampons, ice axes, harnesses, carabiners, trekking poles, and helmets for the entire expedition - 80 EURO
- rental of other equipment (sleeping bags, camping stoves, etc.) - according to our rental price list, including a 20% discount
- purchase of gas for camping stoves - 8 EURO (small), 12 EURO (large).

FOR ENLISTMENT AND ADDITIONAL QUESTIONS, CONTACT:

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