



MT. TETNULDI EXPEDITION

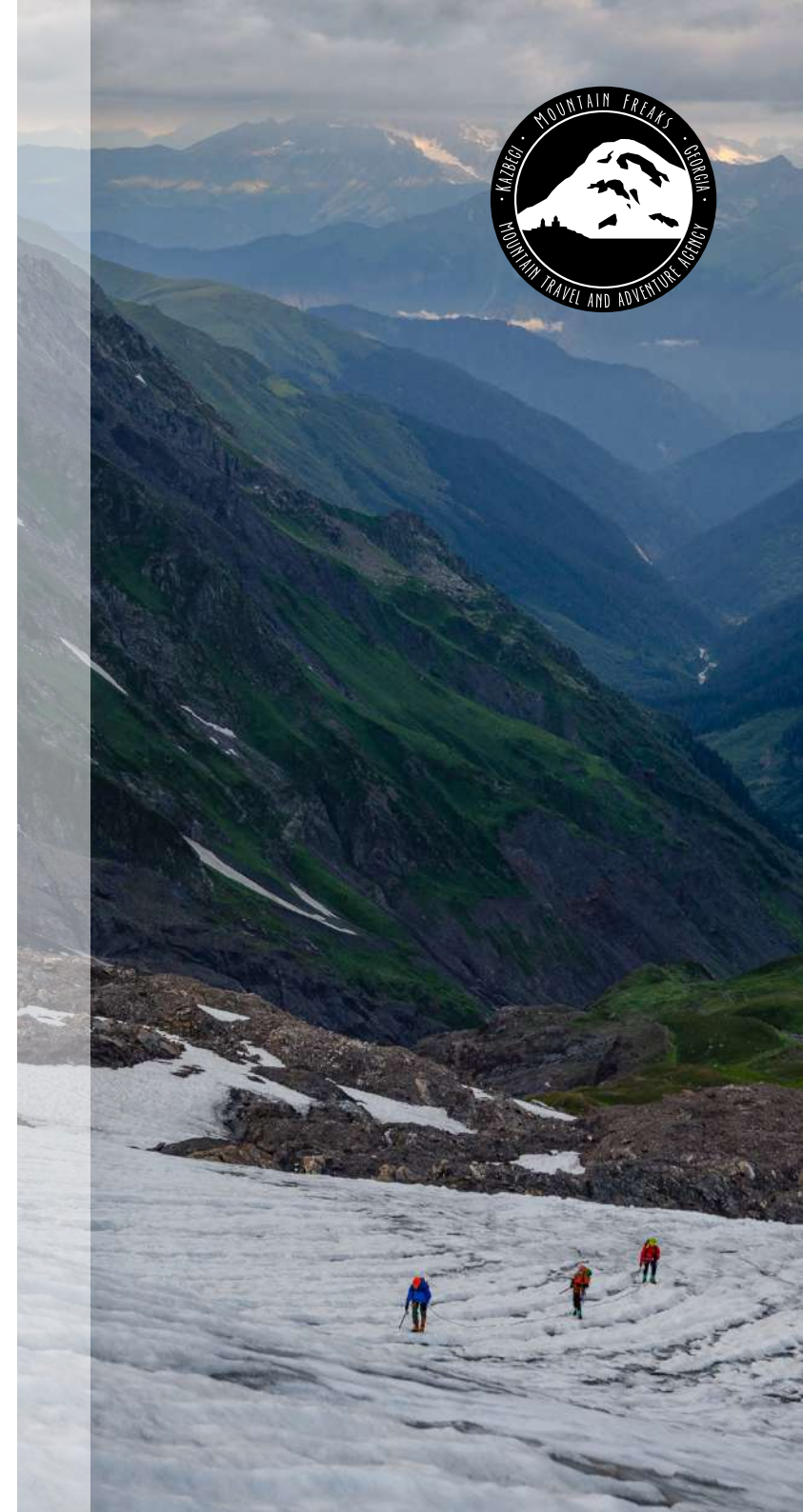
(4858 M)

EXPEDITION DESCRIPTION

Svaneti is one of the most beautiful high mountain regions in Georgia. Green valleys, rivers and streams, countless defense towers, cows lying calmly around the roads, and the surrounding ever-snowy Caucasian mountains.

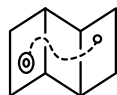
In Svaneti, we are going to face one of the most beautiful Caucasian mountains, namely Mt. Tetnuli (4858 m), resembling a pyramid with its shape. Mt. Tetnuli is situated in front of Mt. Ushba (4710 m). According to local legends, the two peaks are hideaways for two 'almost lovers': Innocent White Mountain (Tetnuli) and Ill-fated (Ushba). They could not get married, as they were too closely related, but their feelings towards each other were so strong that they are going to spend the eternity looking at each other from distance. Supposedly Mt. Tetnuli is often cloudy because she hides from Mt. Ushba's too bold looks. But this is where the legends end and facts begin. **Mt. Tetnuli, even though lower than Mount Kazbek, is technically more difficult. This is why we require all participants of this trip to have experience gained on Mount Kazbek, Mount Elbrus or Mount Blanc. Moreover, if you want to have a chance of conquering the mountain, you have to have your winter tourism course passed, i.e. know how to use crampons, ice axes and how to move on lices. Please note that all participants have to carry all their stuff to the first as well as the second base. Unfortunately, it is not**

possible to rent horses to carry your luggage here. We prepared the plan of the trip to maximally enhance your chances of conquering the Tetnuli's peak. Our plan is gradual acclimatization and spreading the mountain climb on several days, including a spare day, which will allow you to face the mountain in a safe manner, as long as you are physically prepared and do not have any health contraindications (and have previous experience in high mountains, as mentioned earlier). Most importantly, for the whole time you will be accompanied by our team: English-speaking leader and Georgian high mountain guides (also trained in medical rescue in the mountains) who will be responsible for your safety. It is also important that we are going to help you prepare every single detail of the trip. You will get access to our private Facebook group for participants, where we can share our thoughts, motivate each other, exchange ideas, advice etc. Before the trip, you will take part in an online training course, which will make you even better prepare for facing Tetnuli. Additionally, of course, you can ask us any questions via e-mail or our Facebook page.





DAY 01



DAY 02



THE PLAN OF THE TRIP

Early morning (around 5 a.m.) we will meet in Tbilisi (on the airport or in the city center). You need to reach Tbilisi on your own. Of course, we can help you with organizing a good flight connection or transfers from other parts of Georgia. If you don't have your own trekking/high mountain equipment, you can rent all necessary things from us, and we will bring it to our meeting place in Tbilisi. In our office, you can also order gas to camping stoves and lyophilizates. From Tbilisi we will go to Mestia, the capital of Svaneti, with off-road cars (around 8 hours' trip with stops for breakfast,

bathroom, lunch etc). Attention! We can also pick you up from Kutaisi (around 9 a.m.) In Mestia: accommodation in a guesthouse, free time to have some rest and enjoy the nature. In the evening, dinner in the guesthouse. Overnight stay in the guesthouse in Mestia.

List of equipment required for this trip:
[HERE](#)

Breakfast in the guesthouse. After the breakfast, trekking from Mestia (1500 m) to the Koruldi Lakes (2740 m), situated at the foot of the most dangerous Caucasian mountains, Mt. Ushba (4700 m). The trek's duration is about 8 hours (20 km). Alternatively, we might trek from Mestia (1500 m) to the Tsvirimi village (1900 m) through the Zuruldi massif (2450 m). The trekking takes about 8 hours (15 km). We will decide which route to take

during dinner the day before. In the evening, a dinner in the guesthouse and movies in the local cinema. We will see critically acclaimed movie "Dede", directed Mariam Khatchvan, who comes from Svaneti. The movie will let us learn about the local history, tradition and customs, including ones which are usually hidden from tourist from Europe. Overnight stay in the guesthouse in Mestia.



DAY 03



Breakfast in the guesthouse. After the breakfast, we will go through the Ughviri Pass to the skiing station close to Mt. Tetnuldí (2800 m) by car. Next, we will go to the first camp, after the Amarati Pass (around 3000 m). On this day, trekking should take us around 1.5 hour. Then, we will set up our camp. Attention! During the Tetnuldí climb, we need to carry all our stuff and tents ourselves (one tent per two participants). Unfortunately, it is not possible to get horses for transportation. Moreover, during the Tetnuldí climb, we

need to prepare all our meals ourselves (you will need camping stoves and gas).



DAY 04

Today we will go through the Amarati Pass (3369 m) to the Kasebi glacier. We will set up our second camp after 6-7 hours' trekking

in the vicinity of the glacier plateau at an altitude of approx. 3700 m.



DAY 05

Acclimatization day. We will spend it in the camp and its vicinity. We will do an acclimatization climb to altitudes of around 4100-4200 m, and practice using lines, ice

axes and crampons. It is time to get ready for the summit push we are going to do the next day.



DAY 06

Today we plan to conquer the Tetnuli's peak (4848 m). Early morning (around 2 – 5 a.m.) we will begin the summit push. After descent,

rest and overnight stay in our second camp. The ascent and descent should take us around 12-14 hours.



DAY 07

We will return via the Amarati Pass (3369 m) to the Adishi village (2050 m). Next, we will go to Mestia by car. In the

evening, we will have a dinner with live music in a popular restaurant in Mestia. Overnight stay in the guesthouse in Mestia.



DAY 08

Spare day in case of bad weather conditions on Mt. Tetnuli.



DAY 09

Breakfast in the guesthouse, and we will go back to Tbilisi (around 8 hours). We will reach Tbilisi late afternoon/evening. This will be the end of our trip. Depending on the group's plans, we can organize transportation to the airport or to the

hotels, where you can stay as long as you want. If you want to prolong your stay in Georgia, we can help you with planning your journey.



OUR AWARDS CONFIRMING THAT
**WE ARE THE BEST AGENCY OF ACTIVE
TOURISM IN GEORGIA AND THE
BEST ORGANIZER OF EXPEDITIONS
TO THE CAUCASIAN PEAKS**



OUR CUSTOMERS ALSO KNOW THAT **WE ARE THE BEST!**

Check the opinions of our guests and how they rate our expeditions!



Marius Raskevicius

2 reviews

★★★★★ a month ago

Mountain Freaks are true professionals and do an amazing job. Fantastic team with a lot of passion for the business and for the clients.

Me and my wife did a private expedition to Kazbek without any previous experience. Preparation was easy and communication was smooth. They have many blog posts and detailed explanations about the expeditions on their website and social media as well. Our guide Ramazi was excellent and easy to communicate with. Very much recommended for anyone with a thirst for adventure!



Sarah Atwood

7 reviews

★★★★★ 2 months ago

Positive: Professionalism, Quality, Responsiveness, Value

We joined an expedition to mount Kazbek recently and had the experience of a lifetime. In the months leading up to the trip Aga fielded dozens of questions and during our stay she continued to oversee every aspect. Our expedition leader Ewa was clear and extremely knowledgeable in the mountains. Our guide Lexo was literally a life-saver. All the staff were helpful and patient. Highly recommended. N.B. if you need to rent gear do so early as there is limited availability.



Steven Boon

1 review · 1 photo

★★★★★ 2 months ago

Best adventure agency in Stepancminda! Trustworthy and professional guides, great and clear communication upfront to prepare for the Kazbeg summit trip. Definitely recommended! Thank you Nika, Ewa and Aga :)



Roderick de Raad

1 review · 3 photos

★★★★★ 2 months ago

Great company that made this exhausting challenge to the top alot of fun! Fantastic team with a lot of passion for the business and for the clients.



Onno Rombout

1 review · 1 photo

★★★★★ 2 months ago

Professional agency, good guides and small groups on one rope. Reached Mt Kazbek summit. Would recommend.



John Brandauer

2 reviews

★★★★★ 2 months ago

Mountain freaks is a great agency. We climbed mount kazbek with them, everything was in hand, was really well structured & we really had a very good expedition. Ewa & Nika are a really good team & never felt unsafe, also really great mountain guides. Would recommend it to anyone, thank you!





PRICE PER PERSON FOR THE TRIP:

1190,00 EURO

METHOD OF PAYMENT:

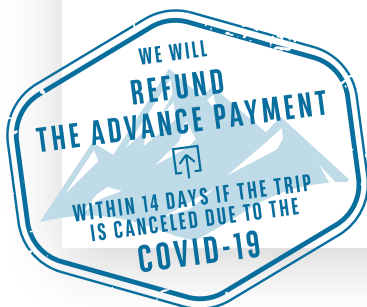
01ST ►
INSTALLMENT

290 EURO
paid to our bank account
upon signing up.

02ST ►
INSTALLMENT

900 EURO
paid to our bank account at least 14
days before the start of the trip.

For renting high mountain equipment/
gas, lyophilizates etc. you will pay
with cash (euro, dollars, lari).





THE PRICE INCLUDES

- ▶ **supervision of a English-speaking leader and Georgian high mountain guides during the trip (one guide for every three participants!), which guarantees the highest level of safety and maximizes chances of conquering Mt. Tetnuli;**
- ▶ comfortable off-road car transportation mentioned in the plan;
- ▶ help in organizing the trip - online consultation (email, Facebook) regarding physical preparation, buying proper equipment etc.;
- ▶ access to a facebook group for trip participants, where we can talk, motivate each other, share thoughts, ideas, advice etc.;
- ▶ tents needed during the trip;
- ▶ a fee for leaving a deposit in a guest house in Mestia for the duration of the mountain action on Mt. Tetnuli;
- ▶ an online training course before the trip, which will help you to prepare better for facing Tetnuli;
- ▶ 3 nights in Mestia (guesthouse) in 2 or 3 person room with bathroom;
- ▶ all breakfast and festive dinners mentioned in the plan (during the Tetnuli climb, it will be necessary to prepare your meals by yourselves, read more in the trip description!);
- ▶ a dinner with live music in a popular restaurant in Mestia;
- ▶ a ticket to the cinema for movie "Dede";
- ▶ training in glacier and alpine tourism techniques, which takes place during the expedition,
- ▶ set of souvenirs.

ADDITIONAL OPTIONS



renting necessary basic equipment for trekking in Svaneti and climbing Mt. Tetnuldi (rental prices you can check: [HERE](#),



individual guide for acclimatization and summit attack:
800 EURO,



gas for camping stoves:
12 EURO (450 g).

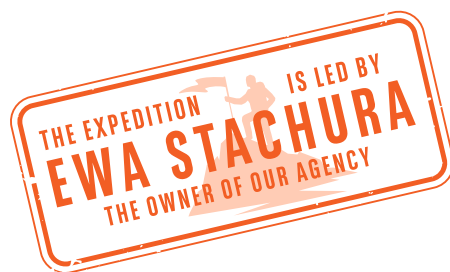




AVAILABLE DATES

FOR OPEN GROUPS IN 2022:

10.08.2022 – 18.08.2022*



* One day is a spare day.
Read more in trip description.



SIGNING UP, ADDITIONAL QUESTIONS, CONTACT:

WHATSAPP: +995 593583596

E-MAIL: INFO@MOUNTAINFREAKS.GE • FACEBOOK: [MOUNTAIN FREAKS - MOUNTAIN TRAVEL & ADVENTURE AGENCY](#)