

TREKKING IN MYSTERIOUS SVANETI, A LAND OF GEORGIAN DEFENSE TOWERS

AND CONQUERING THE MOUNTAIN OF FLAMES: MT. LAYLA (4009 M) AND MT. TETNULDI (4858 M)

TRIP DESCRIPTION

Svaneti is one of the most beautiful high mountain regions in Georgia. Green valleys, rivers and streams, countless defense towers, cows lying calmly around the roads, and the surrounding ever-snowy Caucasian mountains.

During this trip, we will visit the highest located village in Europe, namely Ushguli (around 2400 m), we will face the highest mountain in Georgia (Mt. Shkhara, 5193 m) as well as the most dangerous mountain in the Caucasus (Mt. Ushba, 4700 m). During trekking the glacier and its foot, we will meet the inhabitants of the region, the famous Svans, and their local beliefs and traditions. Every moment of the trip will be filled with views which take your breath away. A cherry on top will be conquering two of the highest Caucasian mountains, Mount Layla (4009 m), which local people call "the Mountain of Flames" and Mount Tetnuldi (4858 m), resembling a pyramid with its shape. We prepared the plan of the trip to maximally enhance your chances of conquering Mount Layla. Our plan is gradual acclimatization and spreading the mountain climb on several days, including a spare two days, which will allow you to face the mountain in a safe manner, as long as you are physically prepared and do not have any health contraindications (even without previous experience in high mountains). The preceding trekking through Svaneti will help you to acclimatize and prepare for conquering the 4000 m high mountains. Attention! Mt. Tetnuldi, even though lower than Mount Kazbek, is technically more difficult. This is why we require all participants of this trip

to have experience gained on Mount Kazbek, Mount Elbrus or Mount Blanc. Moreover, if you want to have a chance of conquering the mountain, you have to have your winter tourism course passed, i.e. know how to use crampons, ice axes and how to move on lines. Please note that all participants have to carry all their stuff to the first as well as the second base. Unfortunately, it is not possible to rent horses to carry your luggage here. Most importantly, for the whole time you will be accompanied by our team: English-speaking trip leader and certified high mountain guides (also trained in medical rescue in the mountains) who will be responsible for your safety. It is also important that we are going to help you prepare every single detail of the trip. You will get access to our private Facebook group for participant, where we can share our thoughts, motivate each other, exchange ideas, advice etc. Before the trip, you will take party in an online training course, which will make you even better prepare for facing Svaneti, Mount Layla and Mount Tetnuldi. Additionally, of course, you can ask us any questions via e-mail or our Facebook page.











day **02**

THE PLAN OF THE TRIP

Early morning (around 5 a.m.) we will meet in Tbilisi (on the airport or in the city center). You need to reach Tbilisi on your own. Of course, we can help you with organizing a good flight connection or transfers from other parts of Georgia. If you don't have your own trekking/high mountain equipment, you can rent all necessary things from us, and we will bring it to our meeting place in Tbilisi. In our office, you can also order gas to camping stoves and lyophilizates. From Tbilisi we will go to Mestia, the capital of Svaneti, with off-road cars (around 8 hours' trip with stops for breakfast, bathroom, lunch etc). Attention! We can also pick you up from Kutaisi (around 9 a.m.) In Mestia: accommodation in a guesthouse, free time to have some rest and enjoy the nature. In the evening, dinner in the guesthouse. Overnight stay in the guesthouse in Mestia.

List of equipment required for this trip: HERE

Breakfast in the guesthouse. After the breakfast, trekking from Mestia (1500 m) to the Koruldi Lakes (2740 m), situated at the foot of the most dangerous Caucasian mountains, Mt. Ushba (4700 m). The trek's duration is about 8 hours (20 km). In the evening, a dinner in the guesthouse and movies in the local cinema. We will see

critically acclaimed movie "Dede", directed Mariam Khatchvan, who comes from Svaneti. The movie will let us learn about the local history, tradition and customs, including ones which are usually hidden from tourist from Europe. Overnight stay in the guesthouse in Mestia.





Breakfast in the guesthouse. After the breakfast, trekking from Mestia (1500 m) to the village of Tsvirimi (1900 m) through the Zuruldi massif (2450 m). The trek's duration is about 8 hours (15 km). In the evening: dinner, wine and live music in a local restaurant. Overnight stay in the guesthouse in Mestia.

Breakfast in the guesthouse. After the breakfast, we will go the highest located town in Georgia, that is Ushguli (around 2300 m), and trek to the foot of the highest mountain in Georgia, Mt. Shkhara (5193 m). On this day, the highest point of our route is 2430 m. The

trek's duration is about 7 hours (16 km). After the trekking, you will have some free time in Ushguli and then, we will go back to Mestia and have a dinner in the guesthouse. Overnight stay in the guesthouse in Mestia.

Breakfast in the guesthouse. After the breakfast, trekking from Mestia (1500 m) to the Chalaadi glacier (1835 m). The trek's duration is about 5 hours (10 km). After trekking, you can enjoy free time in Mestia. It is possible to visit the local ethnography museum in Mestia or museum dedicated

to a local alpinist, Mikhail Khergiani. There, you can learn more about the history of alpinism and the region, see the interior of a traditional Svan house, as well as climb the Svan defense tower. In the evening, we will have a dinner in the guesthouse. Overnight stay in the guesthouse in Mestia.

Breakfast in the guesthouse. Next, we will have to pack, as we are going to move to Mazeri (1600 m), one of the most beautiful villages in Svaneti. The driver will take our stuff to Mazeri, but we will have to walk there! We have to walk 18 km through the

Baki pass (2428 m). The route should take us around 8 hours. In Mazeri, we will stay in a house of our hosts and enjoy a dinner prepared by a hostess from fresh products from her garden. Overnight stay there.







DAY

06



DAY **08**

After breakfast, we start trekking to glacier at the foot of the most dangerous Caucasian mountains, namely Mt. Ushba (4700 m). On our way we will see the Shdugra Waterfall, which is the biggest

waterfall in Georgia. The highest point of this route is 2492 m. The trek's duration on this day: around 9 hours (22 km). After the trekking, we will go back to Mazeri and have dinner. Overnight stay in the house of our hosts.

Breakfast in the guesthouse, and then, you will have a day for yourselves, to have some rest before climbing Mount Layla (4009 m) the next day. You can spend your day reading a book in the garden or take a walk around the town, as there are a couple trekking trails that begin in Mazeri. In the evening, dinner in the house of local hosts in Mazeri.

Breakfast in the guesthouse. After the breakfast, we will go to the village of Tskumari (1600 m), from where we will head to Mount Layla (4009 m). We can leave all the things we will not need for climbing Mount Layla in the guesthouse in Mazeri. The highest point we will reach that day is the Chishdi pass (3228 m). The trek's duration on that day: around 9-10 hours (around 22 km).

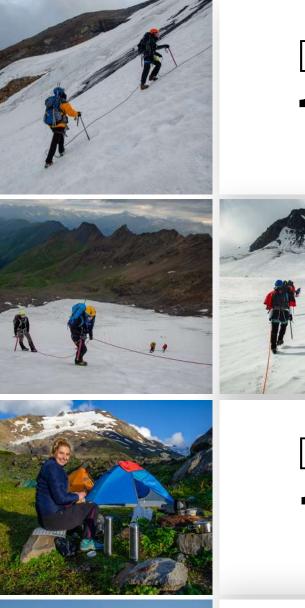
Our luggage will be mostly transported with the help of horses, and we will carry only small backpacks. Overnight stay in tents in a basecamp near the Layla glacier (2900 m). During the Mount Layla climb, we need to prepare our meals ourselves (we will need camping stoves and gas).

















day 12 On this day, our goal is to stand on the Mount Layla peak (4009 m). Early morning (around 4-5 a.m.) we will begin our summit push. Depending on the weather conditions, we can conquer one of the three of Layla's peaks. The decision between them will be made by our team leader and the guides. After descending the mountain, we can take some rest in the basecamp. Next, we will go back to the village of Tskhumari, from where we can go to Mazeri. The ascent and descent should take around 14-16 hours. In the evening, we will have a dinner and wine with another hosts in Mazeri.

Spare day in case of bad weather conditions on Mount Layla. We can organize additional trekking or off-road trip in the area for you. But you can also just relax in the guesthouse after reaching Mount Layla.

Breakfast in the guesthouse. After the breakfast, we will go to Mestia. In Mestia: accommodation in a guesthouse, free time to have some rest before Mount Tetnuldi. In the evening, dinner in the guesthouse. Overnight stay in the guesthouse in Mestia.











day 14

day 15 Breakfast in the guesthouse. After the breakfast, we will go through the Ughviri Pass to the skiing station close to Mt. Tetnuldi (2800 m) by car. Next, we will go to the first camp, after the Amarati Pass (around 3000 m). On this day, trekking should take us around 1.5 hour. Then, we will set up our camp. Attention! During the Tetnuldi climb, we need to carry all our stuff and tents ourselves (one tent per two participants). Unfortunately, it is not possible to get horses for transportation. Moreover, during

Today we will go through the Amarati Pass (3369 m) to the Kasebi glacier. We will set up our second camp after 6-7 hours' trekking the Tetnuldi climb, we need to prepare all our meals ourselves (you will need camping stoves and gas).

in the vicinity of the glacier plateau at an altitude of approx. 3700 m.

Acclimatization day. We will spend it in the camp and its vicinity. We will do an acclimatization climb to altitudes of around 4100-4200 m, and practice using lines, ice axes and crampons. It is time to get ready for the summit push we are going to do the next day.





day 18

day 19 Today we plan conquer the Tetnuldi's peak (4848 m). Early morning (around 2 – 5 a.m.) we will begin the summit push. After descent, rest and overnight stay in our second camp. The ascent and descent should take us around 12-14 hours.

We will return via the Amarati Pass (3369 m) to the Adishi village (2050 m). Next, we will go to Mestia by car. In the evening, we will have a dinner with live music in a popular restaurant in Mestia. Overnight stay in the guesthouse in Mestia.

Spare day in case of bad weather conditions on Mount Tetnuldi. We can organize additional trekking or off-road trip in the area for you. But you can also just relax in the guesthouse after reaching Mount Tetnuldi.

Breakfast in the guesthouse, and we will go back to Tbilisi (around 8 hours). We will reach Tbilisi late afternoon/evening. This will be the end of our trip. Depending on the group's plans, we can organize transportation to the airport or to the hotels, where you can stay as long as you want. If you want to prolong your stay in Georgia, we can help you with planning your journey.



OUR AWARDS CONFIRMING THAT WE ARE THE BEST AGENCY OF ACTIVE TOURISM IN GEORGIA AND THE BEST ORGANIZER OF EXPEDITIONS TO THE CAUCASIAN PEAKS











THE BEST ADVENTURE TOURISM



OUR CUSTOMERS ALSO KNOW THAT WE ARE THE BEST!

Check the opinions of our guests and how they rate our expeditions!



Marius Raskevicius 2 reviews

**** a month ago

Mountain Freaks are true professionals and do an amazing job. Fantastic team with a lot of passion for the business and for the clients.

Me and my wife did a private expedition to Kazbek without any previous experience. Preparation was easy and communication was smooth. They have many blog posts and detailed explanations about the expeditions on their website and social media as well. Our guide Ramazi was excellent and easy to communicate with. Very much recommended for anyone with a thirst for adventure!



Sarah Atwood reviews

**** 2 months ago

Positive: Professionalism, Quality, Responsiveness, Value

We joined an expedition to mount Kazbek recently and had the experience of a lifetime. In the months leading up to the trip Aga fielded dozens of guestions and during our stay she continued to oversee every aspect. Our expedition leader Ewa was clear and extremely knowledgeable in the mountains. Our guide Lexo was literally a life-saver. All the staff were helpful and patient. Highly recommended. N.B. if you need to rent gear do so early as there is limited availability.



Steven Boon 1 review - 1 photo

***** 2 months ago

Best adventure agency in Stepancminda! Trustworthy and professional guides, great and clear communication upfront to prepare for the Kazbeg summit trip. Definitely recommended! Thank you Nika, Ewa and Aga :)



Roderick de Raad 1 review · 3 photos

**** 2 months ago

Great company that made this exhausting challange to the top alot of fun! Fantastic team with a lot of passion for the business and for the clients.



Onno Rombout

1 review - 1 photo

***** 2 months ago

Professional agency, good guides and small groups on one rope. Reached Mt Kazbek summit. Would recommend.



**** 2 months ago

reviews

Mountain freaks is a great agency. We climbed mount kazbek with them, everything was in hand, was really well structured & we really had a very good expedition. Ewa & Nika are a really good team & never felt unsafe, also really great mountain guides. Would recommend it to anyone, thank you!



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PRICE FOR THE TRIP PER PERSON 2590,00 EURO

METHOD OF PAYMENT:



390 EURO paid to our bank account upon signing up.



2200 EURO

paid to our bank account at least 14 days before the start of the trip.

For renting high mountain equipment/ gas, lyophilizates etc. you will pay with cash (euro, dollars, lari).









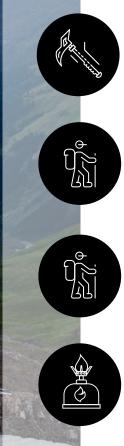
THE PRICE INCLUDES



- supervision of a English-speaking leader and Georgian high mountain guides during the climbing Mt. Layla (one guide for every five participants!) and Mt. Tetnuldi (one guide for every three participants!), which guarantees the highest level of safety and maximizes chances of conquering both summits;
- help of guides responsible for horses during our trek from Tskhumari to the basecamp at the foot of Layla;
- comfortable off-road car transportation mentioned in the plan and everyday transfers to our starting points for trekking and back to the guesthouses/houses;
- help in organizing the trip; online consultation (email, Facebook) regarding physical preparation, buying proper equipment, organizing flights to Georgia and anything else connected with the trip;
- access to a private Facebook group, where we can share thoughts, information, advice, motivate each other etc;
- an online training course before the trip, which will help you to prepare better for yours adventures in the Caucasus;

- renting horses to transport hour luggage during the trek from Tskhumari to the basecamp at the foot of Layla;
- 7 nights in a guesthouse in Mestia and 4 nights in a guesthouse in Mazeri – 2 or 3 people per room (usually with bathrooms, but it can happen that in Mazeri there will be one bathroom for 2, 3 rooms) + accommodation in tents in base camps at Mt. Layla and Mt. Tetnuldi (1 tent for 2 people);
- all breakfasts and festive dinners mentioned in the plan (during the Mount Layla and Mount Tetnuldi climb, it will be necessary to prepare your meals by yourselves, read more in the trip description!);
- 2 dinners with live music in a popular restaurant in Mestia;
- a ticket to the cinema for movie "Dede";
- training in glacier and alpine tourism techniques, which takes place during the expedition;
- set of souvenires.

ADDITIONAL OPTIONS





renting necessary basic equipment for trekking in Svaneti and climbing Mount Layla and Mount Tetnuldi (rental prices you can check: <u>HERE</u>,

individual guide for acclimatization and summit attack on Mt. Layla: 600 EURO,

individual guide for acclimatization and summit attack on Mt. Tetnuldi: 800 EURO,

gas for camping stoves: - 12 EURO (450 g).



AVAILABLE DATES FOR OPEN GROUPS IN 2022:

31.07.2022 - 18.08.2022*



* Two days are a spare day. Read more in trip description.

If you are not satisfied with any of our open dates, remember that we also organize individual trips on dates selected by you, the offer of which can be found <u>HERE.</u>



SIGNING UP, ADDITIONAL QUESTIONS, CONTACT:

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