

INDIVIDUAL EXPEDITION TO MT. KAZBEK

(5054 M A.S.L.)

RENTING GUIDE TO MT. KAZBEK

The offer includes renting an experienced and certified guide to lead the expedition to Mt. Kazbek (5054 m a.s.l.) for an individual group (maximum 3 persons per one guide) for a maximum of 6 days of the mountain action.

The plan of our expeditions has been prepared by us so that each of you will be able to get Mt. Kazbek in the maximal possible way. The plan assumes a gradual acclimatization, spreading the whole mountain action for a few days and a backup day, which will allow you to face the mountain safely if you are in good physical condition and do not have health contraindications (even without previous experience in high mountains). The most important thing is that during the whole trip you will be accompanied by our high-mountain guide (also trained in the field of emergency medical services in the mountains), who will be responsible for your safety. Our guides speak English or Russian on the level enabling troublefree communication at every stage of the trip. As the only mountain agency we lead groups to Kazbek according to European standards, that is one guide for 3 participants of the expedition. This guarantees maximum

safety during the mountain action, as well as maximum chances of reaching the **summit.** It is also important that we will assist you in preparing for the expedition at each stage – you will get access to a closed group on Facebook for participants of the expeditions, where we will talk, motivate, exchange advice, etc., and also take part in the training before the expedition (through an online platform), which will help you to prepare for the meeting with Mt. Kazbek even better. Of course you can ask us anything via e-mail and our Facebook page. In addition we can arrange transfers from airports in Tbilisi or Kutaisi to Stepancminda, as well as transfer from Stepancminda to Mt. Elbrus in Russia (for those who want to reach two Caucasian giants) or horse rental for transporting your luggage to Meteo Station. In our office in Stepancminda you can buy gas for cookers and jetboils, trekking maps and lyophilisates.





1 DAY TO METEO STATION

2 DAYS TO METEO STATION



EXPEDITION **PLAN**





DAY 1OR2







Trekking DISTANCE: 16 km





Total CLIMB: 1550 m





Trekking DISTANCE: 8 km 8 km

We meet at the place where our expedition

starts, in Stepancminda, in our office. If you

do not have your equipment with you, you

can rent with us everything you need for peak

attack. In our office you can also buy gas for

tourist cookers and lyophilized products. You

can also leave a deposit with us, which is all

you do not need during the mountain action.

Then we start our trip to the top of Mt. Kazbek. We can get to the hill, where the church of the

Holy Trinity is located and where the route

to Kazbek begins (2170 m a.s.l.) on off-road

vehicles. If you additionally purchase a main

luggage transport by the horses, your luggage

will be packed and then transported straight

to the Meteo Station, and you will trek only

with small backpacks. The estimated time

of trekking for this day is 7 - 8 hours. After

this time we come to the Meteo Station -

3650 m a.s.l., where we will set up a camp

(accommodation in tents, price: 20 gel for

one tent for one night). You can also stay at Meteo Station (price: 60 gel for one person for one night). During the trip we will prepare all

meals on our own.



TIME: 4 h 4 h

Trekking

Total CLIMB: 1000 m



550 m

Important: The route to the Meteo Station can also be covered in two days. In this variant on the first day we reach the river where we stay for the night - approx. 3100 m a.s.l. and the next day we go to the Meteo Station. In this case, everyday we have about 4 hours of trekking. Horses with main luggage go directly to the Meteo Station. In this case you will not get there until the next day, so in small backpacks you must have everything you need during two days (the first day 4 hours of trekking + night in tents and the second day - 4 hours of trekking). We recommend this variant because it allows you to acclimatise better.

List of equipment needed during the expedition to Mt. Kazbek: HERE

Important information about shoes needed for

Mt. Kazbek: HERE

Our office in Kazbegi: **HERE**

A detailed description of the route to the Meteo

Station: HERE



DAY **2**0R**3**







DAY

3 OR 4











Acclimatization day. As part of acclimatization, we go on trekking, during which we surpass the barrier of 4000 m a.s.l. The expected time of trekking that day is 3 – 4 hours. After return, we organize a training on the principles of walking with a rope, assurance, using the ice axe and general safety in the

high mountains. Then we rest in the base at the Meteo Station and prepare for the peak attack.

A detailed description of the acclimatization process at the Meteo Station: HERE



Trekking
DISTANCE:
16 km



Trekking
TIME:
12-14 h





This day we plan to stand on the top of Mt. Kazbek (5054 m a.s.l.). We begin the peak attack at 2:00 – 3:00 am. The whole action will take about 12-14 hours (it all depends on the weather conditions and the capabilities of participants). After return from the summit we rest and spend the night in the base by the Meteo Station. There is a possibility to descent

to Stepancminda (Kazbegi) immediately after the peak attack. You should add an additional 5-6 hours of trekking that day.

A detailed description of the summit attack on Mt. Kazbek: HERE



DAY 4 OR 5







DAY 50R6











In the morning we descent to Stepancminda (Kazbegi). The descent will take about 5 - 6 hours. The off-road vehicle will take us from the Holy Trinity church. If you buy an extra luggage transport, your luggage is taken to

the village on horseback, and you have only small backpacks while trekking. In Kazbegi, in our office, we finish our expedition.

A backup day in case of bad weather.



ADDITIONAL INFORMATION









READ THE INFORMATION ABOUT ALL ORGANIZATIONAL MATTERS RELATED TO THE MT. KAZBEK EXPEDITION:

PART 1: HERE
PART 2: HERE

IF YOU WANT TO JOIN THE EXPEDITION TO MT. KAZBEK WITH THE EXPEDITION TO MT. ELBRUS, PLEASE READ THE FOLLOWING INFORMATION: HERE

HERE YOU WILL FIND INFORMATION ABOUT OTHER TREKS IN OUR REGION: HERE

- A KAZBEK EXPEDITION IS A HIGH-MOUNTAIN EXPEDITION, SO ITS COURSE MAY CHANGE DESPITE OUR PLAN FOR EXAMPLE BECAUSE OF THE WEATHER, PHYSICAL AND MENTAL CONDITION OF PARTICIPANTS ETC. WE DO NOT GUARANTEE THAT YOU WILL GET TO THE SUMMIT DURING THE EXPEDITION. WE GUARANTEE THAT WE WILL MAKE EVERYTHING WHAT IS POSSIBLE TO GIVE YOU A MAXIMUM SAFETY DURING THE WHOLE EXPEDITION.
- ► IN THE PLAN OF THE EXPEDITION ONE SINGLE ATTEMPT TO REACH THE TOP OF KAZBEK IS INCLUDED.
- IN CASE OF INABILITY TO CONTINUE CLIMBING DURING PEAK ATTACK BY EVEN ONE OF THE EXPEDITION PARTICIPANTS (AS A RESULT OF ALTITUDE SICKNESS, PHYSICAL INABILITY, ACCIDENT, INDIVIDUAL DECISION ETC.), THE GUIDE WILL INSURE THIS PERSONAS A PRIORITY. IT MAY CAUSE THAT THE ENTIRE GROUP WHICH IS LED BY THE GUIDE IS FORCED TO FINISH CLIMBING AND GETTING DOWN TO THE BASE. IF A GROUP IS TAKEN CARE OF MORE THAN ONE GUIDE, PERSONS WHO WANT TO CONTINUE CLIMBING MAY MAKE A DECISION AND THEY WILL STAY WITH ONE GUIDE (ALWAYS 3 EXPEDITION PARTICIPANTS FOR ONE GUIDE) AND A SECOND GUIDE WILL GET DOWN TO THE BASE WITH PERSONS WHO NEED IT OR WANT IT.
- EACH INDIVIDUAL PARTICIPANT MUST HAVE AN INSURANCE THAT INCLUDES THE LIFE RESCUE ACTION WITH THE USE OF A HELICOPTER. IF THE PARTICIPANT IS SUFFERING FROM A CHRONIC DISEASE (DIABETES, ASTHMA, HYPERTENSION), WE MUST BE INFORMED OF THIS FACT PRIOR TO THE EXPEDITION AND THE PARTICIPANT NEEDS TO BUY AN ADDITIONAL INSURANCE EXTENDED FOR CHRONIC DISEASES.





















OUR CUSTOMERS ALSO KNOW THAT WE ARE THE BEST! Check the opinions of our guests and how they rate our expeditions!



Marius Raskevicius

2 reviews

**** a month ago

Mountain Freaks are true professionals and do an amazing job. Fantastic team with a lot of passion for the business and for the clients.

Me and my wife did a private expedition to Kazbek without any previous experience. Preparation was easy and communication was smooth. They have many blog posts and detailed explanations about the expeditions on their website and social media as well. Our guide Ramazi was excellent and easy to communicate with. Very much recommended for anyone with a thirst for adventure!



Sarah Atwood

/ review

**** 2 months ago

Positive: Professionalism, Quality, Responsiveness, Value

We joined an expedition to mount Kazbek recently and had the experience of a lifetime. In the months leading up to the trip Aga fielded dozens of questions and during our stay she continued to oversee every aspect. Our expedition leader Ewa was clear and extremely knowledgeable in the mountains. Our guide Lexo was literally a life-saver. All the staff were helpful and patient. Highly recommended. N.B. if you need to rent gear do so early as there is limited availability.



Steven Boon

1 review · 1 photo

*** 2 months ago

Best adventure agency in Stepancminda! Trustworthy and professional guides, great and clear communication upfront to prepare for the Kazbeg summit trip. Definitely recommended! Thank you Nika, Ewa and Aga:)



Roderick de Raad

1 review · 3 photos

★★★★ 2 months ago

Great company that made this exhausting challange to the top alot of fun! Fantastic team with a lot of passion for the business and for the clients.



Onno Rombout

1 review · 1 photo

*** 2 months ago

Professional agency, good guides and small groups on one rope. Reached Mt Kazbek summit. Would recommend.



John Brandauer

2 reviews

**** 2 months ago

Mountain freaks is a great agency. We climbed mount kazbek with them, everything was in hand, was really well structured & we really had a very good expedition. Ewa & Nika are a really good team & never felt unsafe, also really great mountain guides. Would recommend it to anyone, thank you!



PRICE FOR AN INDIVIDUAL

MT. KAZBEK EXPEDITION

! There is ALWAYS one guide for every three participants. So, for example, 2 guides for 4 participants, 3 guides for 8 participants and 4 guides for 12 participants. MAXIMUM SAFETY and MAXIMUM CHANCES FOR REACHING THE SUMMIT.

A GROUP OF:	ALL GROUP PARTICIPANTS
1-3 PARTICIPANTS	▶ 1290 EUR FOR THE WHOLE GROUP
4 PARTICIPANTS	▶ 1990 EUR FOR THE WHOLE GROUP
5-6 PARTICIPANTS	▶ 2290 EUR FOR THE WHOLE GROUP
7-9 PARTICIPANTS	▶ 3290 EUR FOR THE WHOLE GROUP
10-12 PARTICIPANTS	▶ 4290 EUR FOR THE WHOLE GROUP
13-15 PARTICIPANTS	5290 EUR FOR THE WHOLE GROUP
16 AND MORE PARTICIPANTS	► ASK FOR AN INDIVIDUAL QUOTE

THE OVERALL COST IS SPLIT AMONG















- care of one experienced high-mountain guide during the entire expedition (the guide uses English or Russian) for whole group (one guide for each three participants) during the mountain action, which guarantees maximum safety and maximum chances of reaching the summit,
- help in preparing for the trip: consultations via e-mail and our Facebook profile regarding physical preparation, equipment purchase, organization of flights to Georgia and every other matters related to the expedition,
- access to a closed group on Facebook for participants of our expeditions, where we will talk, motivate ourselves, exchange advice etc.,
- training before the expedition (via an online platform), which will help you to prepare for meeting with Mt. Kazbek even better,

- two-way ride by off-road vehicles to the hill with the Holy Trinity Church, where the trail to Mt. Kazbek begins,
- the possibility of leaving a deposit in our office for the time of your trip (things you do not need during the mountain action on Kazbek),
- training in glacier and alpine tourism techniques, which takes place during the expedition,
- gadgets with Mt. Kazbek as souvenirs of the trip.



rental of a set of basic equipment - according to



purchase of gas for tourist cookers - 16 € (large gas, 450 g),

horse for transporting luggage (maximum 60 kg of luggage)

- from Stepancminda to the Meteo Station 140 €,
- from the Meteo Station to Stepancminda 140 €,

additional guide for acclimatization and Mt. Kazbek peak attack - 700 €,

additional climbing to Mt. Orcveri peak (4350 m a.s.l.) during the trip to Mt. Kazbek (then you should add one day to the time of your expedition) – 600 € for each guide,

additional climbing to one of the Mt. Chaukhi peaks (about 3842 m a.s.l.) during the trip to Mt. Kazbek (then you should add two days to your trip) – 600 € for each guide,

transfer from the Tbilisi airport (or to the airport after a finished mountain action) – 140 € (for a car which can fit 1 – 6 people plus luggage),

transfer from the Kutaisi airport (or to the airport after finishing the mountain action) – 200 € (for a car which can fit 6 people plus luggage).





- As the only mountain agency we lead groups to Mt. Kazbek according to European standards, that is one guide for 3 participants of the expedition. This guarantees maximum safety during the mountain action, as well as maximum chances of reaching the summit. The number of people for one guide is specified in our contract, so our professionalism is not an advertising slogan, but a fact.
- Agency is a professional mountain and travel agency, as well as an officially operating company registered in the Register of Entrepreneurs in Georgia under the number 441485028. We have all of the required permissions to run a company, coupled with certificates for mountain guiding. We also provide invoices and bills for all services, and we insure expedition members. We strongly support the local community, develop local emergency services and train young guides. All our employees work legally and receive a very good salary for their work.
- ▶ Our guides are the best guides in country. They are a passionate about everything that they do in



the mountain and in the rocks. Every spare moment they sacrifice to broaden or deepen their skills and knowledge. Thanks to this, we're working with the best! Our mountain guides conquered Himalayan summits many times, they are the winners of international competitions for the best guides and lifeguards, moreover one of them is a multiple sport-climbing champion in Georgia. We've been working exclusively with a solid group of guides for years. We're sure of them responsibility and professional because of they all have certificates of completion high-mountain courses, first aid course and international training. Our mountain guides speak English, Russian, and some of them speak Polish, German or Spanish! The vast majority of them are professional mountain rescuers, who work in ski resorts during winter season. Therefore most important to our mountain guides is your safety during the expedition. From the other side they do their best to give you a lot of positive energy and unforgettable memories.





- You can count on our professionalism, experience, responsibility and organization for every detail. We want your trip with us to be the journey of a lifetime. We do not want you just to stand on the summit. We want you to feel the real atmosphere of mountain expedition and the brotherhood of the rope. You will not be customers, you will be our guests. Because we are here at home. We live in Kazbegi, our guides come from here, our office is located also here.
- We really love what we do, so from the moment you sign up on the list of participants of our expeditions, we will surround you with care and support. We will answer your questions, we will dispel doubts, we will advise you and we will motivate you. There are no stupid questions for us and we don't get nervous when we hear the same question again. We know that it will be your first expedition to Mt. Kazbek, so we share our experience with you and we will advise you at every stage of the trip. We treat each participant of our expeditions individually, we devote time and attention to each of them, everyone is important to us.



ENROLLMENT, ADDITIONAL QUESTIONS, CONTACT:

WHATSAPP: +995 593583596

E-MAIL: INFO@MOUNTAINFREAKS.GE • FACEBOOK: MOUNTAIN FREAKS - MOUNTAIN TRAVEL & ADVENTURE AGENCY