



## INDIVIDUAL SKI EXPEDITION TO **MT. KAZBEK**

(5054 M A.S.L.)

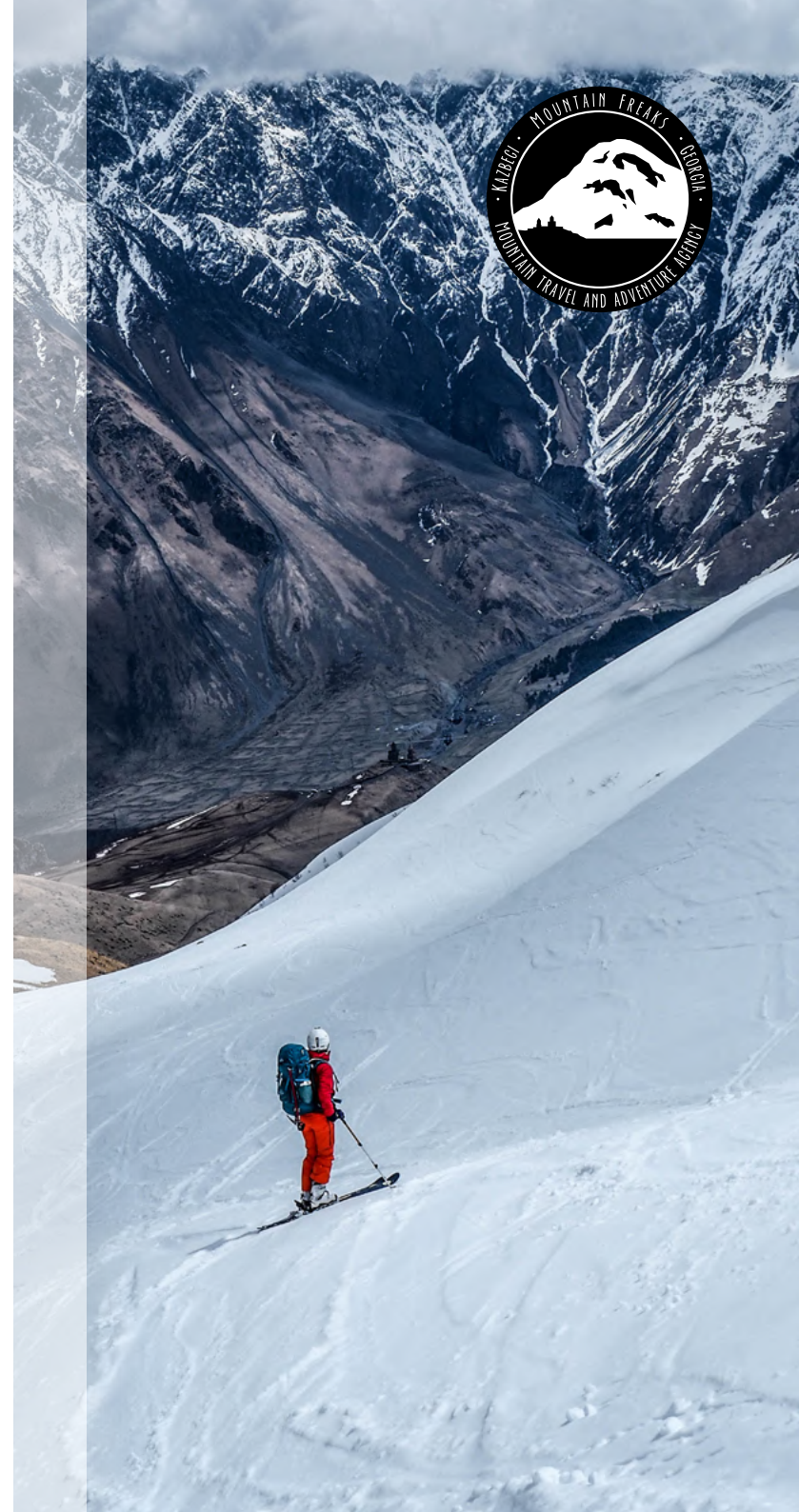


## HIRING A GUIDE

The offer includes renting an experienced certified guide to lead the ski expedition to Mt. Kazbek (5054 m a.s.l.) for an individual group (maximum 3 persons per one guide) for a maximum of 6 days of the mountain action.

The plan of our expeditions has been prepared by us so that each of you will be able to get Mt. Kazbek in the maximal possible way. The plan assumes a gradual acclimatization, distribution of the entire mountain action for a few days and a backup day, which allows you to face the mountain safely if you are in good physical condition, have no health contraindications and **have ski touring experience**. The most important thing is that during the whole trip you will be accompanied by our high-mountain guide (also trained in the field of emergency medical services in the mountains), who will be responsible for your safety. Our guides speak English or Russian on the level enabling trouble-free communication at every stage of the trip. **As the only mountain agency we lead groups to Mt. Kazbek according to European standards, that is one guide for 3 participants of the expedition. This guarantees maximum safety during the mountain action, as well as maximum chances of reaching the summit.** It is also

important that we will assist you in preparing for the expedition at each stage – you will get access to a closed group on Facebook for participants of our expeditions, where we will talk, motivate, exchange advice and also take part in the training before the expedition (through an online platform), which will help you to prepare for the meeting with Mt. Kazbek even better. Of course you can ask us anything via e-mail and our Facebook page. In addition, we can arrange transfers from airports in Tbilisi or Kutaisi to Stepancminda, as well as transfer from Stepancminda to Elbrus in Russia (for those who want to reach two Caucasian giants). In our office in Stepancminda you can buy gas for cookers and jetboils, trekking maps and lyophilisates.





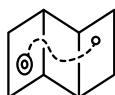
**1 DAY**  
TO METEO STATION

**2 DAYS**  
TO METEO STATION

# EXPEDITION PLAN



DAY  
**1 OR 2**



**DISTANCE:**  
16 km



**TIME:**  
8 h



**CLIMB:**  
1550 m



**DESCENT:**  
100 m



**DISTANCE:**  
8 km  
+  
8 km



**TIME:**  
4 h  
+  
4 h



**CLIMB:**  
1000 m  
+  
550 m



**DESCENT:**  
100 m  
+  
0 m

We meet at the place where our expedition starts, in Stepancminda (Kazbegi) in Georgia, in our office. If you do not have your equipment with you, you can rent with us everything you need for peak attack - crampons, ice axes, harnesses, sleeping bags and others. In our office you can also buy gas for tourist cookers and lyophilized products. You can also leave a deposit with us, which is all you do not need during the mountain action. The first stage is access to the hill, where the Holy Trinity Church is located and where the proper route to Mt. Kazbek (2170 m a.s.l.) begins. In summer you can drive there in off-road vehicles, but in winter the road is sometimes covered with snow, so you have to walk it or use ski tours (if it is passable, we drive the off-road car to the starting point of the route to Mt. Kazbek). In winter there is also no possibility of transporting the main luggage to the Meteo Station on horsebacks. Each participant must carry everything that will be needed during the trip on his own back. The estimated time of this day's approach is 8 – 9 hours. After this time, we will reach the Meteo Station – 3650 m a.s.l., which will be our main base during this trip. During the trip we will prepare all meals on our own (tourist and gas cookers will be necessary).

**Before starting the expedition to Mt. Kazbek, we recommend you to make at least one ski tour at the altitue of 3000 m a.s.l. in the area of Stepancminda or Gudauri. We recommend this variant because it allows you to acclimatise better. If you need our help in suggesting a route or you want to take our guide for this tour, of course you can ask us.**

**The way to Meteo Station can be divided for two days if the AltiHut, which is located at an altitude of 3100 m a.s.l., is open. In this case in the first day we reach the AltiHut, where we stay for one night the next day we go to the Meteo Station. We recommend also this variant because it allows you to acclimatise better.**

**List of equipment needed during the expedition to Mt. Kazbek: [HERE](#)  
Our office in Kazbegi: [HERE](#)  
Contact to AltiHut: [HERE](#)**





## DAY 2<sup>OR</sup>3



**DISTANCE:**  
6 km



**TIME:**  
4 h



**CLIMB:**  
450 m



**DESCENT:**  
450 m

Acclimatization day. As part of acclimatization, we will exceed 4100 m a.s.l. Estimated time of ascent and descent this day is 3 – 4 hours. After return, we organize a training on the principles of walking with a

rope, assurance, using the ice axe and general safety in the high mountains. Then we rest in the base at the Meteo Station and prepare for the summit attack.



## DAY 3<sup>OR</sup>4



**DISTANCE:**  
16 km



**TIME:**  
8-10 h



**CLIMB:**  
1400 m



**DESCENT:**  
1400 m

This day we plan to stand on the top of Mt. Kazbek (5054 m a.s.l.). Around 5:00 am we start the summit attack. The whole action takes about 8 – 10 hours. After return from the summit we rest and spend the night

in the base at the Meteo Station. There is a possibility to descend to Stepancminda (Kazbegi) immediately after the summit attack. You should then add an additional 2 hours of skiing down this day.



## DAY 4OR5



DISTANCE:  
16 km



TIME:  
2 h



CLIMB:  
100 m



DESCENT:  
1550 m

We descent to Stepancminda (Kazbegi) in the morning. The descend will take about 2 hours. In Kazbegi, in our office, we finish our expedition.



## DAY 5OR6



Backup day in case of bad weather in the mountains.





## ADDITIONAL INFORMATION



READ THE INFORMATION ABOUT ALL ORGANIZATIONAL MATTERS RELATED TO THE MT. KAZBEK EXPEDITION:

PART 1: [HERE](#)

PART 2: [HERE](#)

IF YOU WANT TO JOIN THE EXPEDITION TO MT. KAZBEK WITH THE EXPEDITION TO MT. ELBRUS, PLEASE READ THE FOLLOWING INFORMATION: [HERE](#)

HERE YOU WILL FIND INFORMATION ABOUT ONE DAY SKI TOURS IN THE MT. KAZBEK AREA THAT YOU CAN DO BEFORE OR AFTER OUR EXPEDITION: [HERE](#)

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- ▶ A MT. KAZBEK EXPEDITION IS A HIGH-MOUNTAIN EXPEDITION, SO ITS COURSE MAY CHANGE DESPITE OUR PLAN FOR EXAMPLE BECAUSE OF THE WEATHER, PHYSICAL AND MENTAL CONDITION OF PARTICIPANTS ETC. WE DO NOT GUARANTEE THAT YOU WILL GET TO THE SUMMIT DURING THE EXPEDITION. WE GUARANTEE THAT WE WILL MAKE EVERYTHING WHAT IS POSSIBLE TO GIVE YOU A MAXIMUM SAFETY DURING THE WHOLE EXPEDITION.
  - ▶ IN THE PLAN OF THE EXPEDITION ONE SINGLE ATTEMPT TO REACH THE TOP OF MT. KAZBEK IS INCLUDED.
  - ▶ IN CASE OF INABILITY TO CONTINUE CLIMBING DURING PEAK ATTACK BY EVEN ONE OF THE EXPEDITION PARTICIPANTS (AS A RESULT OF ALTITUDE SICKNESS, PHYSICAL INABILITY, ACCIDENT, INDIVIDUAL DECISION ETC.), THE GUIDE WILL INSURE THIS PERSON AS A PRIORITY. IT MAY CAUSE THAT THE ENTIRE GROUP WHO IS LED BY THE GUIDE IS FORCED TO FINISH CLIMBING AND GETTING DOWN TO THE BASE. IF A GROUP IS TAKEN CARE OF MORE THAN ONE GUIDE, PERSONS WHO WANT TO CONTINUE CLIMBING MAY MAKE A DECISION AND THEY WILL STAY WITH ONE GUIDE (ALWAYS 3 EXPEDITION PARTICIPANTS FOR ONE GUIDE), AND A SECOND GUIDE WILL GET DOWN TO THE BASE WITH PERSONS WHO NEED OR WANT IT.
  - ▶ EACH INDIVIDUAL PARTICIPANT MUST HAVE AN INSURANCE THAT INCLUDES THE LIFE RESCUE ACTION WITH THE USE OF A HELICOPTER. IF THE PARTICIPANT IS SUFFERING FROM A CHRONIC DISEASE (DIABETES, ASTHMA, HYPERTENSION), WE MUST BE INFORMED OF THIS FACT PRIOR TO THE EXPEDITION AND THE PARTICIPANT NEEDS TO BUY AN ADDITIONAL, BROADER INSURANCE.

OUR AWARDS CONFIRMING THAT  
**WE ARE THE BEST AGENCY OF  
ACTIVE TOURISM IN GEORGIA  
AND THE BEST ORGANIZER OF  
EXPEDITIONS TO MT. KAZBEK**





# OUR CUSTOMERS ALSO KNOW THAT **WE ARE THE BEST!**

Check the opinions of our guests and how they rate our expeditions!



**Marius Raskevicius**

2 reviews

★★★★★ a month ago

Mountain Freaks are true professionals and do an amazing job. Fantastic team with a lot of passion for the business and for the clients.

Me and my wife did a private expedition to Kazbek without any previous experience. Preparation was easy and communication was smooth. They have many blog posts and detailed explanations about the expeditions on their website and social media as well. Our guide Ramazi was excellent and easy to communicate with. Very much recommended for anyone with a thirst for adventure!



**Sarah Atwood**

7 reviews

★★★★★ 2 months ago

**Positive:** Professionalism, Quality, Responsiveness, Value

We joined an expedition to mount Kazbek recently and had the experience of a lifetime. In the months leading up to the trip Aga fielded dozens of questions and during our stay she continued to oversee every aspect. Our expedition leader Ewa was clear and extremely knowledgeable in the mountains. Our guide Lexo was literally a life-saver. All the staff were helpful and patient. Highly recommended. N.B. if you need to rent gear do so early as there is limited availability.



**Steven Boon**

1 review · 1 photo

★★★★★ 2 months ago

Best adventure agency in Stepancminda! Trustworthy and professional guides, great and clear communication upfront to prepare for the Kazbeg summit trip. Definitely recommended! Thank you Nika, Ewa and Aga :)



**Roderick de Raad**

1 review · 3 photos

★★★★★ 2 months ago

Great company that made this exhausting challenge to the top alot of fun! Fantastic team with a lot of passion for the business and for the clients.



**Onno Rombout**

1 review · 1 photo

★★★★★ 2 months ago

Professional agency, good guides and small groups on one rope. Reached Mt Kazbek summit. Would recommend.



**John Brandauer**

2 reviews

★★★★★ 2 months ago

Mountain freaks is a great agency. We climbed mount kazbek with them, everything was in hand, was really well structured & we really had a very good expedition. Ewa & Nika are a really good team & never felt unsafe, also really great mountain guides. Would recommend it to anyone, thank you!







## PRICE FOR AN INDIVIDUAL

### MT. KAZBEK SKI EXPEDITION

**! There is ALWAYS one guide  
for every three participants.  
So, for example, 2 guides for 4 participants,  
3 guides for 8 participants  
and 4 guides for 12 participants.  
MAXIMUM SAFETY  
and MAXIMUM CHANCES  
FOR REACHING THE SUMMIT.**

#### A GROUP OF:

**1-3 PARTICIPANTS**



**1490 EUR** FOR THE WHOLE GROUP

**4 PARTICIPANTS**



**2390 EUR** FOR THE WHOLE GROUP

**5-6 PARTICIPANTS**



**2690 EUR** ZFOR THE WHOLE GROUP

**7-9 PARTICIPANTS**



**3890 EUR** FOR THE WHOLE GROUP

**10-12 PARTICIPANTS**



**5090 EUR** FOR THE WHOLE GROUP

**13-15 PARTICIPANTS**



**6290 EUR** FOR THE WHOLE GROUP

**16 AND MORE PARTICIPANTS**



**ASK FOR AN INDIVIDUAL QUOTE**

**THE OVERALL COST IS SPLIT AMONG  
ALL GROUP PARTICIPANTS**





# PAYMENT RULES

## PAYMENTS:

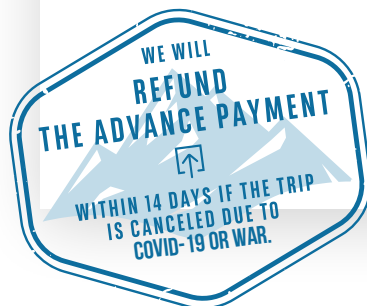
### 01<sup>ST</sup> ► INSTALLMENT

25% of the price payable upon registration to our bank account.

### 02<sup>ST</sup> ► INSTALLMENT

75% of the price payable 30 days before the start of the expedition to our bank account.

Payment for the rental of high-mountain equipment, gas and lyophilized products, etc. – in our office, in cash (euro/dollars/lari) or by card.







## PRICE INCLUDES



- ▶ care of one experienced high-mountain guide during the entire expedition (the guide uses English or Russian) **for whole group (one guide for each three participants) during the mountain action, which guarantees maximum safety and maximum chances of reaching the summit,**
- ▶ help in preparing for the trip: consultations via e-mail and our Facebook profile regarding physical preparation, equipment purchase, organization of flights to Georgia and every other matters related to the trip,
- ▶ access to a closed group on Facebook for participants of our expeditions, where we will talk, motivate ourselves, exchange advice etc.,
- ▶ training before the expedition (via an online platform), which will help you to prepare for meeting with Mt. Kazbek even better,
- ▶ two-way ride by off-road vehicles to the hill with the Holy Trinity Church, where the trail to Mt. Kazbek begins (if there is no snow on the route),
- ▶ the possibility of leaving a deposit in our office for the time of your trip (things you do not need during the mountain action on Mt. Kazbek),
- ▶ training in glacier and alpine tourism techniques, which takes place during the expedition,
- ▶ gadgets with Mt. Kazbek as souvenirs of the trip.



# ADDITIONAL OPPORTUNITIES



rental of a set of basic equipment – according to the price list of our rental; check prices [HERE](#).



purchase of gas for tourist cookers  
– 16 € (large gas, 450 g),



additional guide for acclimatization day and  
Mt. Kazbek summit attack - 900 €,



an additional acclimatization day, that is, a oneday ski  
tour in the area of Stepancminda or Gudauri  
(guide with transfers to the start and end of the tour) – 300 EUR per one guide,

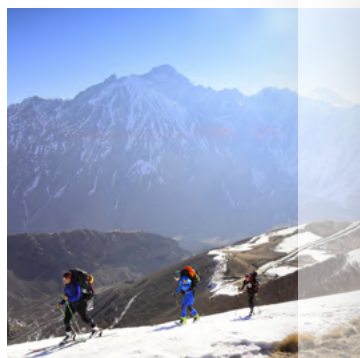


transfer from the Tbilisi airport (or to the airport after a finished mountain action)  
– 140 € (for a car which can fit 1 – 6 people plus luggage),



transfer from the Kutaisi airport (or to the airport after finishing the mountain action)  
– 200 € (for a car which can fit 6 people plus luggage)



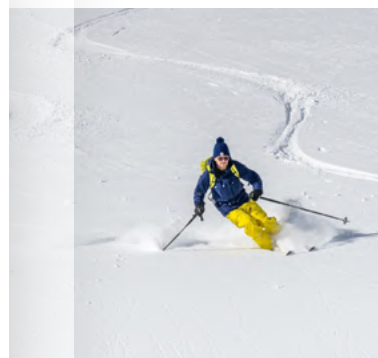


## WHY WITH US?

## WHAT MAKES US STAND OUT?

- ▶ **As the only mountain agency we lead groups to Mt. Kazbek according to European standards, that is one guide for 3 participants of the expedition.** This guarantees maximum safety during the mountain action, as well as maximum chances of reaching the summit. **The number of people for one guide is specified in our contract, so our professionalism is not an advertising slogan, but a fact.**
- ▶ **Mountain Freaks Mountain Travel & Adventure Agency** is a professional mountain and travel agency, as well as an officially operating company registered in the Register of Entrepreneurs in Georgia under the number **441485028**. We have all of the required permissions to run a company, coupled with certificates for mountain guiding. We also provide invoices and bills for all services, and we insure expedition members. **We strongly support the local community, develop local emergency services and train young guides. All our employees work legally and receive a very good salary for their work.**
- ▶ **Our guides are the best guides in country.** They are a passionate about everything that they do in

the mountain and in the rocks. Every spare moment they sacrifice to broaden or deepen their skills and knowledge. Thanks to this, we're working with the best! Our mountain guides conquered Himalayan summits many times, they are the winners of international competitions for the best guides and lifeguards, moreover one of them is a multiple sport-climbing champion in Georgia. We've been working exclusively with a solid group of guides for years. We're sure of them responsibility and professional because of they all have certificates of completion high-mountain courses, first aid course and international training. Our mountain guides speak English, Russian, and some of them speak Polish, German or Spanish! The vast majority of them are professional mountain rescuers, who work in ski resorts during winter season. Therefore most important to our mountain guides is your safety during the expedition. From the other side they do their best to give you a lot of positive energy and unforgettable memories.



- ▶ You can count on our professionalism, experience, responsibility and organization for every detail. We want your trip with us to be the journey of a lifetime. We do not want you just to stand on the summit. We want you to feel the real atmosphere of mountain expedition and the brotherhood of the rope. **You will not be customers, you will be our guests. Because we are here at home. We live in Kazbegi, our guides come from here, our office is located also here.**
- ▶ We really love what we do, so from the moment you sign up on the list of participants of our expeditions, we will surround you with care and support. We will answer your questions, we will dispel doubts, we will advise you and we will motivate you. There are no stupid questions for us and we don't get nervous when we hear the same question again. We know that it will be your first expedition to Mt. Kazbek, so we share our experience with you and we will advise you at every stage of the trip. **We treat each participant of our expeditions individually, we devote time and attention to each of them, everyone is important to us.**



## ENROLLMENT, ADDITIONAL QUESTIONS, CONTACT:

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